# CANNON BACKS

Comes to Support of Overman Bill in the House

FORMER SPEAKER

Representative Gillett, Republican, Led Fight Against Bill

Washington, May 15 .- Former Speaker Cannon came to the support of the administration yesterday in debate on the Overman bill, giving the president power to reorganize government departments. Representative Gillett of Massachusetts, Republican leader, led the fight against

Both Democrats and Republicans, Mr. Cannon said, would continue to support the president in the war until victory was won. He departed from his subject to attack George Creel, chairman of the committee on public information, and said that if he had his way he would "take Creel by the seat of the breeches and the back of his neck and throw him into space.'

Representative Gillett told the House the bill proposes to abrogate the pow-ers of Congress and give them over to said. Under the bill, the president could beaten whites. Beat thoroughly at transfer the powers of the civil service in hot, well-greased waffle irons. commission to the postmaster-general or Barley Muffins.—Two and one-fourth the functions of the controller of the cups barley flour, I cup milk, 2 tabletreasury could be given over to the secretary of the treasury, he asserted. "The question is, will Congress give up the powers granted by the constitution and delegate those powers to the president? Will we exercise the functions given to spoons fat, I teaspoon salt, 2 cups milk, us, or will we give them up? We are 2 here," he said, "not simply to be rubber stamps and give everything that is asked, but we are here to use our judgment in passing on legislation."

#### WILL DRAFT MEN NEEDED FOR WAR WORK

General Crowder Submits New Plan to Secretary Baker, Who Approves It.

Washington, D. C., May 15.—All men between the ages of 21 and 31 needed for war work will be utilized, under a plan submitted by Provost Marshal-General Crowder to Secretary Baker and re-ceived by that official with such enthusi-asm that he has promised to lay it before the president. With the president's approval, which is expected, the plan can put into operation without legislation This plan is a substitute for that whereby all men between the ages of 18 and would be registered for service, which was flatly rejected by the president, who returned it to the war department with was flatly rejected by the president, who returned it to the war department with instructions that it should not even be discussed. Several hundred thousand in classes 2 and 4 would be called for war work, although not for actual service as where heaven only knows in the hope of diverting such a move in the hope of diverting instructions that it should not even be classes 2 and 4 would be called for war work, although not for actual service as the classes and a classes and a strong defendance. They even suggest that the fine prefers, can use cream of the french and British troops which are offering such a strong defendance of the french and British troops which are offering such a strong defendance of the french and British troops which are offering such a strong defendance of the french and British troops which are offering such a strong defendance of the french and British troops which are offering such a strong defendance of the french and British troops which are offering such a strong defendance of the french and British troops which are offering such a story of the french and British troops which are offering such a story of the french and British troops which are offering such a story of the french and British troops which are offering such a story of the french and British troops which are offering such a story of the french and British troops which are offering such a story of the french and British troops which are offering such a story of the french and British troops which are offering such a story of the french and British troops which are offering such a story of the french and British troops which are offering such a story of the french and British troops which are offering such a story of the french and British troops which are offering such a story of the french and British troops which are offering such a story of the french and British troops which are offering such a story of the french and the french and the such as the proving a story of the french and the such as the proving story of the work, although not for actual service as

#### SUBSTITUTES FOR FAT. Are Being Sought Now By German Scientists.

Stockholm, May 15 .- The great shortage of fats in Germany and the resultng necessity of using more of all edible fats for human consumption have driven the empire's scientific men to extensive experimentation with so-called "mineral The result has been both a more varied use of this product and a greatly improved method of securing it.

Mineral wax is a substance extracted from brown coal with the aid of benzine, benzol or other technical solvents. Benzol is now used exclusively in Germany for this purpose. Old methods have been unable to extract all the wax from the coal treated, but the Kaiser Wilhelm institute for experimentation with coal is now winning nearly the en-tire quantity in the coal treated.

The main feature of its improved system consists in extracting the wax under a high pressure, as much as six atmospheres, and at a high temperature. A brown coal which had produced only nuts, I tablespoon milk.

eleven per cent of wax under the old Honey, maple sugar, or maple, beet system gives up 25 per cent under the new treatment.

Mineral wax was used in peace times mainly for the fabrication of shoe-polish, to save sugar. phonograph records and the insulation of electric cables. Its high percentage of schacic acid-about 60 per cent of its entire content-has been turned to account in the making of consistent fats. It is also being used extensively in the paper industry as sizing, taking the

place of colophonium. Experiments are now being conducted to find a method of refining the wax and giving it a lighter color.

#### MAILS BY AIRPLANE.

Senate Goes on Record as Favoring the Experiments.

Washington, May 15.—The Senate went on record yesterday as approving further experiments in carrying mail by Efforts of various senators to have excluded from the postoffice appropriation bill, a \$100,000 appropriation. with which to provide airplanes for this purpose were defeated 32 to 24.

Opposition to the provision was led enator King of Utah and Gallinger of New Hampshire, who declared experiments should not be made now when evdollar had been used in war ex-



BARLEY READY TO "PINCH HIT" FOR WHEAT

THE PRESIDENT Millions of Bushels, Formerly Fed to Stock or Malted, Now on the Market as Flour.

Hundreds of millions of bushels of barley are raised yearly in the United States. This supply, heretofore, has been used chiefly for stock feed or for malting, but under present conditions the greater part of the crop is being milled into flour, which, since it is both palatable and nutritious, may well be used to ATTACKS CREEL meet the increasing demand for wheat substitutes. This flour is now on the market, and it is a patriotic duty to use it to save the wheat flour.

Give barley flour a trial - you will wonder why it was not used more before

Barley flour does not keep so well as wheat flour, so it is best to buy it in small quantities, even for home con

The recipes which follow have been tested in the experimental kitchen of the office of home economics of the United

States department of agriculture:

Barley Hot Breads — Barley flour is
very satisfactory for hot breads.

Barley Quick Biscuits—Two cups barley flour, ½ teaspoon salt, 2 tablespoons fat, 4 teaspoons baking powder, 2-3 cup

Barley Drop Biscuits—Two cups bar-ley flour, 6 teaspoons baking powder, tablespoons fat, 1½ teaspoons salt, 1

Baked in a sheet this makes a good shortcake buttered and served with fresh

crushed berries or other fruit. Barley Waffles-Two cups barley flour, teaspoon salt, 3 teaspoons baking pow der, 11/2 cups milk, 2 eggs, 3 tablespoons the president. No suggestion has been melted fat. Sift the dry ingredients to-made by the administration as to what gether and add slowly the milk, beaten it hopes to accomplish under the bill, he egg yolk, and melted fat. Fold in stiffly beaten whites. Beat thoroughly and cook

spoons corn syrup, 4 teaspoons baking powder, ½ cup wheat flour, I tablespoon

fat, 1 egg. ¼ teaspoon salt. Barley Spoon Bread.—One cup flour, cup hot boiled hominy grits, 3 table eggs, 2 teaspoons baking powder. Barley Yeast Bread. If you use your own recipe and replace one-fourth of the

wheat flour with barley flour, you will be desirable for the housekeeper to make

Barley Pastry.

Very good pie crust can be made with all-barley flour or using one-half barley and one-half wheat flour. The first recipe is especially good for a one-crust pie. Pie Crust 1.—One cup barley flour, 2 2-3 tablespoons fat, ½ teaspoon salt,

Pie Crust 2.—One-half cup barley flour, ½ teaspoon salt, 2 2-3 tablespoons fat, ½ cup white flour, ¼ teaspoon baking powder, cold water. (Two crusts.)

#### Barley Cakes and Cookies.

It is not necessary to go without cake when such delicious products can be in the offensives. German newspa made that use no wheat flour and but have long been complaining of

brown sugar, I cup corn syrup, 2 eggs, ican reinforcements. whites and yolks beaten separately, teaspoon vanilla.

Sponge Cake.—One and one-half cups barley flour, 4 eggs, 1 tablespoon lemon juice, 11/2 cups corn syrup, 1/4 teaspoon King George Went to Their Aerodrome salt, 2 teaspoons baking powder.

Fruit Cake. Two and one-fourth cups barley flour, 1/4 cup fat, 3 tablespoons molasses, 1/2 cup chopped raisins, 1/4 teaspoon baking powder, 1/4 teaspoon allspice, ¼ teaspoon cloves, ¼ cup citron.
Bake I hour and 10 minutes. Keeps

moist and very good.

Gingerbread.—One and one-half cups barley flour, 1/2 cup molasses, 1/2 cup of milk, 2 teaspoons baking powder, ¼ teaspoon soda, I teaspoon ginger, I teaspoon cinnamon, 1/8 teaspoon salt, 2 table-spoons fat. Bake about 30 minutes in

oderate oven. Good texture and flavor. Hermits. Two cups barley flour, 2 tadespoons fat, 1 egg, 1/2 teaspoon ginger, 1/4 cup chopped raisnis, I teaspoon baking powder, 1/2 cup corn syrup, 1/4 teaspoon salt, 1/2 teaspoon cinnamon, 1/4 cup

apple, or sorghum syrup, which can be made at home, can be used in the same way as corn syrup in the above recipes

#### TO REFOREST PALESTINE.

That Will Be One of the First Recommendations of Civilian Commission.

London, May 15 .- (Correspondence of Associated Press .- Two principal recmission now in Palestine will make as a beginning for the reconstruction of that country will be a scheme for beginning an afforestation, and a proposal for the conservation of water supply by storage and by opening up old springs.

A preliminary statement from a mem-ber of the committee says: "The greatest of all Palestine's needs is afforestation. For centuries the land has been denuded of its trees, with most disas trous consequences. For the heavy rains at certain seasons, instead of benefitting the soil, over more than four-fifths of the area carry away in rushing torrents much of the little soil that remains on the high lands and valley slopes

Palestine has not always been treeless. The Roman emperors had valuable forests in the country, and Abselom, riding, was caught by the hair among the trees, but to-day one might gallor from Dan to Beersheba without having to duck one's head to avoid a branch. Trees of rapid growth will be plant-

d, and for the more cultivable districts fruit-bearing trees will be utilized. "The storage of water in lakes and reservoirs is comparatively simple in Palestine. By erecting small dams across eertain wadys, a series of small reser-voirs can be constructed at little expense, reating a supply that will last through out the dry season. In southern Pales-tine hundreds of natural springs can be opened up which under centuries of mis rule have been allowed to choke up and

fall into disuse. tage it never had before in a first-class railway connection with Egypt. All the surplus crops will find a ready market in the growing Egyptian cities."





If you are suffering from eczema, ringworm or similar itching, burning, unsightly skin affection, bathe the sore places with Resinol Soap and hot water, then gently apply a little Resinol Ointment. You will probably be astonished how instantly the itching stops and healing begins. In most cases the sick skin quickly becomes clear and healthy again, at very little cost. Resinol Ointment and Resinol Scap also clear away pimples, redness, roughness and dandruff. Sold by all druggists.

#### GERMANY GIVEN A FIRMER GRIP

On Austria-Hungary as Result of Meeting of Emperor Charles and Emperor William.

London, May 15 .- The meeting of Emperor Charles and Emperor William at count of the conference has done little to satisfy. There is an inclination, however, to take it for granted that the meeting resulted in giving Germany a firmer grip on Austria-Hungary and the dual monarchy's internal and external policies; in fact, that from now on Austriding his bicycle Friday afternoon. The tria-Hungary will be little more than a last report was he was getting along as were the cause. She came here four German colony.

Emperor Charles is pictured as doing penance for his peace letters to France the hall every Thursday evening and and as promising not to offend again.

Emperor William and his military ad- week after, as he will be in this part visers are seen as having accepted this of the town. promise at its face value, but as taking be able to make a very good bread. With in the way of security for its fulfillment the present need of saving flour, it will more active control of Austrian affairs, to save them from anarchy, in the interless yeast bread than usual, as one not use so large a percentage of wheat substitute in making yeast breads as in the Bohemian food supplies indicates the Austrian government is not adverse to a large farence in its internal af-

> It is evident that hereafter the foreign olicy of the central powers will be con rolled more than ever by Berlin. While Austria may be used to launch peace offensives, they doubtless will be dictated ov Germany

> The question of Poland is believed to have been reconsidered. By the adoption of a new solution a good portion of that country, including the industrial district Dambravo, will be linked with Prussia.

Another matter which is understood to have been discussed is Austria's more active participation in the war, or rather, in the offensives. German newspapers little sugar. In these recipes the house failure of Austria to attack Italy, desirflour, 1/4 cup fat, 1/4 teaspoon salt, 2 the Hungarians should be able to handle squares chocolate, 1/2 cup milk, 4 tea- the Italians and that the Austrians spoons baking powder, 2 tablespoons of should be sent to France to offset Amer-

#### VISITED U. S. AIRMEN. Near Lincoln, England.

Lincoln, England, May 15 (Correspondence of the Associated Press).-King spoon cinnamon, ½ cup chopped nuts, ½ George's first inspection of American air-cup corn syrup, ¼ teaspoon soda, 1 tea-men in training was made at a British men in training was made at a British aerodrome near here, where a squadron of American aviators is working with British pilots. One of the young British officers at this camp is Prince Albert, and the king and Queen Mary had run down from London to see how their airman son

During the inspection on the parade ground, the king spoke with several of the American officers. The aerodrome is a finishing school for pilots of both air planes and balloons. Pilots go there aft er passing through their preliminary course and are taught to loop, roll and dive and to become expert in the many other varieties of aerobratics which are the mark of the expert flying man. Later they complete their education with courses on meteorology and the theory of flight, and finally pass on to a gunnery school and qualify for the rank of lieutenant. In summer, if the weath-er is favorable, the recruit can go through

the full program in about ten weeks. The king and queen, in the course of about an hour, saw machines and build ings and apparatus none of which was dreamed of three years ago. Special attention was given to a giant Handley Page machine which rested on a tarmac

at the edge of the aerodrome. The king, after donning a linen duster, climbed into the pilot's seat and the mechanism was explained to him by British and American officers.

### OVERWORKED, TIRED WOMAN TOOK VINOI

Now She Is Strong and Hearty

Philadelphia, Pa .- "I was overworked, run down, nervous, could not eat or I felt like crying all the time. I n weight. I cannot praise Vinol enough."

street Philadelphia Pa. worked, weak women strong or return home. our money. Formula on every bottle. This is your protection.

Prop., and at the best drug store in ev-restaurant, making business for the res ery town and city in the country .- Adv. taurant.'

## NINTH PRIZE SINCE FEB. 19

Sergeant Frank L. Baylies of New Bedford, Mass., Wins Air Fight

HE IS MEMBER OF FRENCH FORCE

Sergeant Baylies Is Rapidly Coming to the Front as Star Air Fighter

Paris, May 15.-Sergeant Frank L. Baylies of New Bedford, Mass., a member of the French flying force, has brought down another German airplane. His score is now nine enemy machines since Feb. 19.

A dispatch from Paris Tuesday announced that Baylies had brought down his eighth machine. He is a member of the "Stork" escadrille.

#### CORINTH

Lightning Struck and Killed Three Horses Belonging to C. Simons.

The hard thunder and wind storm of German great headquarters has aroused Friday afternoon did quite a lot of damkeen speculation which the official ac- age, the lightning striking and killing three of Celier Simons' horses and injur ing Mr. Simons. It is hoped he will soon recover. The wind also blew down many Body of Miss Blanche Nelson Brought

Willie Wilson and family were in Bradford Sunday.

well as could be expected. Mr. Malzard will conduct a service at

NORTH CALAIS J. W. Butterfield of Calais was in town

ast Thursday Mrs. Irena Goodell of Marshfield is spending a few weeks with her daughter, Mrs. Sidney Nelson.

Mrs. Frank Hill was in Montpelier last eek to help care for Mr. Hill's mother. Edwin Celley of Woodbury is at H. H. Holmes' for a few days' stay. Gertrude Dailey visited her sister, Mrs.

Walter Eastman, in East Calais, recent-Frank Hill was called to Montpelier to attend the funeral of his mother last

W. F. Ainsworth was in Montpelier a few days last week. Wallace Leonard went to Springfield, Mass., last week, where he has em-

Mrs. Alice Daniels of Woodbury was day night, the occasion being his 21st a recent guest at the home of her sister, birthday. About 60 were present. He Mrs. Perley Fifield.

end with her sister, Mrs. Arthur Ben- were served. Everyone enjoyed the mu-

ter Clyde Dailey, were in Montpelier last Mr. and Mrs. A. P. Slayton of East and many happy birthdays. Calais visited his sister, Mrs. S. F. Dail-

ey, Sunday.
E. W. Cate went to Burlington last Saturday to accompany Mrs. Cate home from the Mary Fletcher hospital, where she had been for several weeks for an operation and treatment. Her many friends hope for a speedy recovery.

Saturday on business.
Mr. and Mrs. Walter Smith returned recently from Hardwick, where they spent the winter.

#### GERMANY WANTS MOSCOW.

And Large Financial Concessions from the Russians.

Washington, May 15 .- Details of the latest German demands on Russia, received at the state department yesterday from Swedish sources, show that Russia has been asked to make financial concessions to give up Moscow and other large cities to the Germans, to cease arming troops and to dissolve all recently formed military units.

#### REJECTS EQUAL SUFFRAGE.

Prussian Lower House Refuses to Restore It to Franchise Bill.

Amsterdam, May 15.-The Prussian lower house has rejected a motion to re-store the provision for equal suffrage in the Prussian franchise reform bill.

#### Coal Laden Ship Floated.

An Atlantic Port, May 15-The steamer Lexington, coal laden for a New Engand port, which ran ashore on an island vesterday, floated without assistance on a rising tide later, and proceeded on her way undamaged.

How Weather Affects Hotel Business. L. M. Boomer, one of the big hotel nen of the country, says in the May

American Magazine "One day a friend in my office spoke of how beautiful the day was outside. Yet a few moments later, when my secretary out a piece of paper on my desk, I looked at it, picked up the telephone, and canceled a large order of perishable

"Hearing me do this, my friend said, curiously:
"'Why did you do that? Find you had

goods which were due for delivery the

enough on hand? "No,' I answered, but it is going to tried different remedies without benefit, rain to-morrow. And I handed him the The doctor said it was a wonder I was weather report from Washington, which alive, and when Vinol was given me I we receive every day. Rain or snow hits began to improve I have taken eight bottles and am now strong and perfectly places, I said to him, 'although snow healthy in every respect, and have gained has not such a bad effect as rain. My experience has aught me that men and Mrs. Sarah A. Jones, 1025 Nevada women do not come to hotels to eat when the weather is bad. The men go to We guarantee Vinol to make over the nearest place and the women stay at

"'A man looks out of the window, sees the driving rain, and either sends out for Red Cross Pharmacy, Floyd G. Russell, a sandwich or dives into the nearest good

## WOMAN WORKS PICK TEUTON 15 HOURS A DAY

Marvelous Story of Woman's Change from Weakness to Strength by Taking Druggist's Advice.

Peru, Ind.—"I suffered from a dis-dacement with backache and dragging down pains so badly that at times I could not be on my feet and it did not seem as though tried different medicines without any benefit and several doctors told me nothing

would do me any good. My drug-gist told me of Lydia E. Pink-ham's Vegetable Compound. I took it with the result that I am now well

up in the morning at four o'clock, do my housework, then go to a factory and work all day, come home and get supper and feel good. I don't know how many of my friends I have told what Lydia E. Pinkham's Vegetable Compound has done for me."—Mrs. Anna METERIANO, 36 West 10th St., Peru, Ind.

Women who suffer from any such all-

ments should not fail to try this famous root and herb remedy, Lydia E. Pinkham's Vegetable Compound.

#### NORTH FAYSTON

Here for Interment.

This community was shocked and saddened when news was received that Merle Hood got hurt quite badly while Blanche Nelson of Concord had drowned weeks ago to rest and had just returned abroad for war work: the hall every Thursday evening and also next Sunday night, instead of the She leaves a father, Carlie Nelson; one was born in this town 33 years ago. Her mother died when she was a small girl and her aunt, Mrs. Chester Daggat, took care of her. Several years ago Mr and Mrs. Daggat moved to Concord and Miss Nelson had always made her home with them until they both passed away a few years ago.

remains were brought here for burial Saturday morning at 9 o'clock. Rev. Mr. Abbott of Moretown spoke words of comfort and made a prayer at the grave. Several of the friends and neighbors were present. The grave was over to France, could not have happened beautifully trimmed with white cloth anywhere but in the United States, and flowers by her friends of this town. The flowers that accompanied the body little to say as to the behavior of their were beautiful and very costly.

Mr. and Mrs. A. L. Boyce gave their oldest son, Ervin, a surprise party Frireceived some very nice presents | His sisjamin, in South Woodbury.

Mrs. Hattie Scribner and nephew, Mas- joyed by the young folks. The party broke up at a late hour and went away after wishing the young man best wishes

Bert Deline, an old resident of this home in Rutland this winter, died there last Thursday. His remains were brought

to Moretown for burial.

# MONARCHS

To Reign Over Lithuania, Courland, Esthonia and Poland

AUSTRIAN EMPEROR CONFERS WITH KAISER

Names of the New Rulers Have Not Been

Disclosed

erman emperors at their meeting at German great headquarters, German ewspapers say, according to an Exhange Telegraph dispatch from Copenhagen, selected monarchs for Lithuania, Courland, Esthonia, and Poland.

Much interest is displayed in allied apitals as to the meeting between the German and Austrian emperors and their and her limbs ached continually. She had plomatic and military assistants, and no appetite and at times would come to pecially in the truth behind the appar- the table, but eat nothing. ently purposely vague official statement on its results. That a more firm alliance mented is certain and it is believed Ausup for her delinquencies as an ally of color came back, and the pains in her Germany by getting deeper into the pow-limbs disappeared."

er of the stronger nation. Developments

If your blood is not fortified against in the near future, it is felt, probably the multitude of disease germs that sur-will show whether Emperor Charles has round us, you risk being a prey to sickof his troops to aid the exhausted Germans on the western front.

#### The Amazing Exodus of American Girls. With good blood you will be able to ward

Margaret Deland, on her way to France as correspondent of the Woman's Home Companion, writes in the May were the cause. She came here four number of the American women going

"Of all the amazing things that have come bubbling and seething to the surface of life during these last three and a brother, Chester Nelson; two uncles, half years, there has been nothing more John Nelson and Charles Proctor; one amazing to me than this exodus of Ameraunt, Mrs. Laura Campbell. Miss Nelson ican girls! Has such a thing ever happened in the world before? A passionate desire on the part of the women of one people to go to the help of the men of another people? Would any other nation, I wonder, if we were at war, send its girls across the ocean to serve us?

"Of course, the divine and terrifying ferment, the yeast, which is stirring our girls and driving them into the high adventure of altruism, is stirring all women everywhere; but I am inclined to think that this special expression of it, which has started a little army of girls where fathers and mothers have so very daughters. They may stand on the dock and squeeze the wet ball of a handkerchief against quivering lips, and they may run half way down the gangplank and let the raw December wind rumple the hair around their thin temples but they cannot hold their girls back from the gray sea, where heaven only knows

these young creatures are moved by a true and honest impulse of service. Granted that the accusation of the elderly Stay-at-Homes-where-there-is-plentyto-eat is true, and that they go over to France for the love of adventure, and because of the lure of the uniform, or the town, who was taken to the Soldiers' desire to stand up beside the boys and say, 'Here! Look at me; I'm just as good a soldier in my way as you are in yours!' ('When the war is over,' said one Miss Lenabelle Henry went on the of them, 'the men will be ashamed not to midnight train last Wednesday to Midgive us the ballot!') Grant all these Wayne Scribner was in Montpelier last dietown, Conn., to work in a hospital, things, yet the deepest thing, and the

#### ANEMIA RUNS IN FAMILIES

In This Case Both Mother and Daughter Found a Remedy for Blood-

A tendency to thin blood, or anemia, may be hereditary. In fact, it often runs in families and in such cases it should be combated, as soon as a symptom shows, by the use of a reliable blood-

making tonic, Mrs. Elsie Monatesse, 2 Porter street, Haverhill, Mass., and her seventeen-yearold daughter, Miss Antoinette Monatesse, both used Dr. Williams' Pink Pills for the treatment of unemia, and their expe-

"I had suffered with anemia or lack of blood from my girlhood," says Mrs. Monatesse, "and I kept getting worse. I was losing my strength, was run-down, and had terrible headaches. I took bitter tonics and other medicines, but they did not seem to help me. I was discouraged London, May 15.—The Austrian and eat would not stay on my stomach.

"I had heard of people who were ben-efited by using Dr. Williams' Pink Pills, and I decided to try them. I noticed im-provement after I had taken three boxes. My appetite became better, and I felt stronger in every way.

"My daughter, Antoinette, became run down about three years ago and seemed to have no ambition. She was colorless

"Her face broke out with pimples and then I remembered how Dr. Williams' between the two countries has been ce- Pink Pills had benefited me, and I had my daughter take them. She was helped tria-Hungary has been forced to make at once, and began to eat better. Her

been compelled to renew the offensive ness. You may not be able to put in a against Italy or to send large numbers good day's work without a constant feeling of exhaustion. A simple, safe and effective blood tonic s found in Dr. Williams' Pink Pills.

> off headaches, stomach trouble, "tired feeling" and lack of ambition. Get out of the sick class by building up your blood through the use of the old-time and well-known blood tonic, Dr. Williams' Pink Pills. Get a package today from any druggist. Use them regularly, according to directions, and in a short time you will note a marked improvement in your general physical con-dition.

Two books, "Building Up the Blood," and "What to Eat and How to Eat," give just the information that every mother of a growing girl needs. They are free. Write for them to-day to the Dr. Williams Medicine Co., Schenectady, N. Y. Your own druggist sells Dr. Williams! Pink Pills, or they will be mailed, postpaid, on receipt of price, 50c per box, six boxes for \$2.50. Do not pay more. There has been no increase in price .-

truest thing, is the impulse to serve. And it will be just as well for some of us critical folk to remember who it was who said some two thousand years ago: I am among you as one that serveth."

### GOOD OLD WAYS

Bake Them. Wash uniform-sized potatoes. Bake them in a hot oven until soft—about 45 minutes. Break the skins slightly to let the steam

Serve at one When the Family Is Late. To keep potatoes flaky, when ney have to stand, pierce them full of holes with a fork or crush them a little in a towel and pierce a small hole in the end of each. Put them where they will keep

Nothing is better than big baked potatoes. Cook some to-day. Write the United States department of agriculture for new potato



## **Practical Patriotism**

The New Perfection Oil Cook Stove makes patriotism a practical thing-for it more than repays you in satisfactory service for the coal you give to America's needs.

Cook with SO-CO-NY Kerosene-the cleanest, most economical fuel. But use a New Perfection Stove, for only in its long blue chimney can you get full, clean, smokeless cooking heat-without a drop of fuel wasted. In 3,000,000 homes the New Perfection is showing the way to cool, clean kitchens and freedom from ash-pan,

coal-hod drudgery. Made in 1, 2, 3, and 4-burner sizes, with or without cabinet top. Also 4-burner stove with cabinet and heat-retaining oven complete.

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